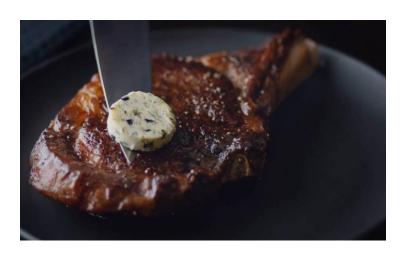
RIB STEAKS WITH BLACK GARLIC BUTTER



INGREDIENTS

- Black Garlic Compound Butter:
- 1 pkg (250 g) unsalted cultured butter softened
- 2 tbsp (25 mL) each finely chopped fresh parsley and chives
- 2 tsp (10 mL) finely chopped MAREEBA BLACK GARLIC
- 1/2 tsp (2 mL) kosher salt
- Pinch freshly ground black pepper
- Steaks:
- 2 PC Free From Bone-in Rib Steaks, about 400 g each
- 1/2 tsp (2 mL) each kosher salt and freshly ground black pepper
- 1 tbsp (15 mL) canola oil



INSTRUCTIONS

- 1. Make Black Garlic Compound Butter: Gently stir together butter, parsley, chives, garlic, salt and pepper in bowl just until blended.
- 2. Spoon butter onto 15 inch (38 cm) long piece of parchment paper or plastic wrap; shape into 10 inch (25 cm) log and roll up. Twist ends of paper to secure. Refrigerate until firm, about 2 hours. Cut off two 1/4 inch (5 mm) thick slices to serve on steaks; rewrap and refrigerate remaining butter for another use.
- 3. Make Steaks: Sprinkle both sides of steaks with salt and pepper. Heat oil in large cast iron frying pan over medium-high just until it starts to smoke. Cook steaks 6 to 8 minutes, turning once halfway. Transfer to cutting board; top each with a slice of compound butter. Let rest 5 minutes before serving.

